

DIVINE INTERVENTION FOR BEAUTY

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Last fall, I went to help a friend with a horse her family had recently purchased. When I arrived that morning, we found Beauty in significant distress. After checking her vitals and not detecting any gut sounds, we determined she was in full blown colic.

Unfortunately the vet couldn't get there for at least an hour and a half.

My friend's husband was away at a conference and I could see she was starting to panic so I put her to work. While my friend ran to get a towel, I started working Beauty's ears. Once we started doing the belly lifts with the towel, Beauty's discomfort started to subside and within about 20 minutes the mare started to relax. At the same time, I was calmly distracting my friend by explaining what I know about the various TTouches and teaching her how to do the work correctly (focusing and breathing) which had the additional benefit of quelling her anxiety. While waiting for the vet, we spent the entire time doing a variety of TTouches, tail work, ear work and belly lifts. Beauty was definitely more comfortable and relaxed but there were still no gut sounds and no poop so the vet proceeded with colic protocol. When everything was done, there was nothing left to do but wait for things to get moving. Later that day my friend sent me a photo of the largest pile of manure I had ever seen, along with a huge thank you hug from her and Beauty.

Having never witnessed a severe bout of colic before, I had not had the opportunity to apply TTouch during such a scary emergency. I was extremely grateful to be able to

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share my knowledge of TTouch with my friend and her horse that day. Divine intervention took me to my friend's house that morning and since the early 90s TTouch has been a wonderful blessing in my life and the lives of my two and four legged friends.